

COMMUNITY RESOURCES FOR WOMEN

Arkansas Resource Index



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ABOUT THIS GUIDE

Created by Magdalene Serenity House, this guide provides contact information for vetted community resources for Arkansans. This diverse index of resources is oriented towards women and children in search of regional support.

HOW TO USE THIS GUIDE

Add content here

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MOTHERS AND CHILDREN

Arkansas CARES (Little Rock, AR)

A licensed treatment center built specifically for pregnant women and mothers of young children, combining a 3-month substance abuse program with mental healthcare and transitional housing. Also provides early intervention services for children.

Contact Information

Website: <https://www.methodistfamily.org/arkansas-cares/>

Phone Numbers:

- Office: 501-661-0720
- Hospital Admissions: 501-803-3388

Email: info@methodistfamily.org

Address: 1600 Aldersgate Road, Little Rock, AR

Brand New Mercies (Rogers, AR)

A faith-based recovery program in Rogers that uniquely accepts mothers with children ages 0-5, running as a 1-year program with income-based fees. Provides case management and help applying for benefits.

Contact Information

Website: brandnewmercies.com

Phone Number: 281-221-8826

Email: carolyn@brandnewmercies.com

Desired Haven Homes (Springdale, AR)

A network of stability-housing homes for single-parent families in Springdale, offering case management toward independent living in a group-suite setting. Faith-based, with a refundable program deposit, required income savings, and free counseling sessions.

Contact Information

Website: arkansasfamilies.org/family-stability

Phone Number: 479-361-3302

Email: dwalker@arkansasfamilies.org

Havenwood (Bentonville, AR)

An apartment-style recovery community in Bentonville for single parents with up to two children under age 12. Focuses on independent-living recovery housing rather than a traditional residential program.

Contact Information

Website: nwahavenwood.org

Phone Number: 479-273-1060

Email: info@nwahavenwood.org

Address: 808 N Main St., Bentonville, AR

Oasis for Women (Bella Vista, AR)

An 18-month residential recovery program in Bella Vista that accepts children under age 11, with a modest deposit and weekly rent.

Contact Information

Website: oasisforwomennwa.org

Phone Number: 479-268-4340

Potters Clay Ministries (Hot Springs, AR)

A faith-based residential program in Hot Springs for women and children in crisis, providing food, clothing, and shelter alongside Christian-based classes on parenting, anger management, and counseling

Contact Information

Website: <http://pottersclayhotsprings.org/index.html>

Phone Number: 501-624-1366

Email: claypotters@yahoo.com

Address: 110 Crescent Ave, Hot Springs, AR 71901

Restoration Village (Little Flock, AR)

A no-cost residential program in Little Flock for single-parent families in crisis, offering private rooms, case management, life skills groups, and dedicated advocates for both children and adults with no fixed time limit.

Contact Information

Website: restorationvillage.net

Phone Number: 870-578-2604

Gateway – Harbor House (Fort Smith, AR)

A residential treatment program in Fort Smith blending the 12-step model with evidence-based cognitive behavioral therapy, plus transitional living. Includes a dedicated SWS track for women with children.

Contact Information

Website: www.harborhouse.inc/gateway-recovery-center

Phone Number: 479-783-8849

Email: trice@harborhouse.inc

Address: 3900 Amour Ave., Fort Smith, AR 72904

DOMESTIC VIOLENCE, TRAUMA, AND TRAFFICKING

Dorcas House (Little Rock, AR)

A faith-based residential program in Little Rock serving women and children for 9-12 months, notable for a dedicated domestic violence track that coordinates with law enforcement and courts. Also runs a Christian 12-step drug and alcohol recovery program addressing childhood sexual abuse and anger management.

Contact Information

Address: 823 S Park Street, Little Rock, AR

Website: www.urmissionlr.org/dorcas-house/

Phone Number: 501-374-4022 Ext 3

Hub of Hope (Rogers, AR)

A Rogers-based organization focused specifically on healing and support for survivors of human trafficking, alongside community prevention and education efforts. A distinct resource for trafficking survivors rather than general substance recovery

Contact Information

Address: PO Box 220, Rogers, AR 72757

Website: www.hubofhope.org

Email: hubofhopenwa@gmail.com

Phone Number: 479-640-0022

Peace at Home Family Shelter (Fayetteville, AR)

A domestic violence shelter that includes a 24-hour crisis hotline, 50-bed emergency shelter, legal services, support groups, counseling, and housing assistance programs.

Contact Information

Address: 1200 W Mount Comfort Road

Website: peaceathomeshelter.org

Email: help@peaceathomeshelter.com

Phone Number: 479-444-8310

Northwest Arkansas Women's Shelter (Fayetteville, AR)

Provides a safe place for survivors of domestic violence to begin their journey towards hope and healing through our 24-hour crisis hotline, 24/7 safe emergency shelter, advocacy and support services and education to the community.

Contact Information

Website: www.nwaws.org

Email: info@nwaws.org

Phone Number: 479-246-0353

Women and Children First (Little Rock, AR)

Serving all survivors, this organization provides resources for those impacted by domestic violence through crisis intervention, safe shelter, advocacy, and support services.

Contact Information

Address: PO Box 1954 Little Rock, AR 72203

Website: www.wcfarkansas.org

Email: info@wcfarkansas.org

Phone Number: 501-376-3219

DRUG COURT, ACC, AND PAROLE APPROVED PROGRAMS

PEARL (Rogers, AR)

A recovery resource in Rogers specifically for female drug court participants in Benton County.

Contact Information

Address: 115 N. Dixieland Rd., Suite 1, Rogers, AR 72756

Website: www.arpearl.org

Phone Number: 479-721-6778

Phoenix for Women (Little Rock, AR)

An ACC-approved residential and transitional program in Little Rock exclusively for women paroling out of prison, offering 18 individual apartments and a 12-step recovery model.

Contact Information

Address: 104 N. Battery, Little Rock, AR

Website: www.pheonixarkansas.com/pheonix-recovery-center-for-women/

Phone Number: 501-725-4907

Restoring Hope (Paragould, AR)

Trauma and substance use recovery program that provides individual, family, and marriage therapy to families or individuals struggling to overcome past traumatic experiences and/or difficulties associated with substance use disorders.

Contact Information

Address: 1024 West Court Street Suite B, Paragould, AR 72450

Website: restoringhopeparagould.com

Phone Number: 870-205-5555

FAITH-BASED RESIDENTIAL PROGRAMS

Agape House (Paragould, AR)

A faith-based residential recovery program for women in Paragould offering structured living alongside spiritual teaching and practical life instruction. Runs on an 8-month program length.

Contact Information

Address: PO Box 1056, Paragould, AR 72451

Website: <http://agapehouse.me/>

Phone Number: 870-586-0314

Daughters of Hope and Transformation (Marshall, AR)

A faith-based addictions ministry in Marshall running a 12-month in-house residence program built around Bible study, worship, and community service. Residents begin paying rent after securing employment around the 6-month mark.

Contact Information

Address: PO Box 1295, Marshall, AR 72650

Website: <https://dohtransformation.wixsite.com/dohts>

Email: dohtransformation@gmail.com

Phone Number: 870-504-0827

Daughters of the Other Side (Searcy, AR)

A faith-based 6-month residential program in Searcy built heavily around Bible study, worship, and community service hours. A strongly religious, structured option for women in recovery.

Contact Information

Address: P.O. Box 602, Searcy, AR 72145

Website: <https://daughtersoftheotherside.com>

Email: daughterstos@gmail.com

Phone Number: 501-230-5101

Harbor Home (Conway, AR)

A faith-based restoration home in Conway offering counseling for both residents and their families, plus job training, mentoring, and career counseling.

Contact Information

Address: 18 Ranchette Road, Conway, AR 72032

Website: www.theharborhome.com

Email: info@theharborhome.com

Phone Number: 501-499-8622

Hearts of Hope (Van Buren, AR)

A faith-based residential program in Van Buren running six months to a year, with strict rules (no caffeine, no prescription medications) and a \$450/month fee, though scholarships are available.

Contact Information

Address: 4306 B Alma Highway, Van Buren, AR 72956

Website: <https://heartsofhopechurch.org>

Email: heartsofhope123@gmail.com

Phone Number: 479-279-0300

Jeremiah House for Women (Green Forest, AR)

A free, faith-based 24-month residential program in Green Forest offering weekly stipends for the first 60 days along with job and life skills training. No cost to enter.

Contact Information

Address: P.O. Box 44, Green Forest, AR 72638

Website: www.jeremiahhouse2911.org

Email: jeremiahhouse2911@gmail.com

Phone Number: 870-654-4059; 870-716-9365

John 3:17 Ministry (Newport, AR)

A faith-based Christian recovery center in Newport; limited additional program detail is publicly listed.

Contact Information

Address: 431 Hwy 145 South, Newport, AR 72112

Website: <https://john317ministry.org/>

Email: 1jimwoodell@gmail.com

Phone Number: 870-217-5603; 501-658-1644

Nicole's House (Rogers, AR)

A faith-based, one-year residential recovery program in Rogers with a non-smoking home and a \$300/month fee that begins six weeks after admission.

Contact Information

Address: PO Box 44, Avoca, AR 72711

Website: www.nicoleshousenwar.org

Email: wswarmack@sbcglobal.net

Phone Number: 479-372-6122

Project New Start (Newport, AR)

A faith-based ministry in Newport running rehabilitative homes along with a food bank and jail/nursing home outreach ministries.

Contact Information

Address: 1515 Dewey Ave, Newport, AR 72112

Website: <http://www.projectnewstart.org/>

Email: pnshomes@yahoo.com

Phone Number: 870-523-8413

Restoration House (Harrisburg, AR)

A faith-based and long-term residential Christ-centered program designed to help women, 18 years of age and older. This 12-month program focuses primarily on reaching and discipling people with life-controlling drug and alcohol problems.

Contact Information

Address: 813 N Illinois St., Harrisburg, AR 72432

Website: www.restorationhm.org

Email: Restorationhm@ymail.com

Phone Number: 870-578-5980

Safe Haven Homes (Fort Smith, AR)

A faith-based transitional program in Fort Smith requiring completed treatment or a jail program prior to entry, with monthly fees, a deposit, and employment assistance.

Contact Information

Address: 3500 N. Sixth St., Fort Smith, AR

Website: <http://www.midlandheights.church/safehavenhomesinfo.html>

Email: dan@midlandh.com

Phone Number: Amy Jo: 870-648-6732; Dan Williams: 479-208-2138

Safe Haven Ministries (Clarksville, AR)

A faith-based 12-week educational recovery program in Clarksville offering both free outpatient and paid residential tracks, the latter requiring full-time work and rent payback from paychecks. Includes weekly drug screens, case work, and a refundable residential savings program.

Contact Information

Website: www.safehavenclarksville.com

Email: safehavenministries2018@gmail.com

Phone Number: 479-705-0118

Safe Harbor (Little Rock, AR)

A faith-based residential program in Little Rock offering group and pastoral counseling, life-building classes, peer support, and help finding permanent employment.

Contact Information

Address: 4800 Springer Boulevard, Little Rock, AR

Website: <http://www.safeharborlittlerock.org/>

Phone Number: 501-374-5399

Shalom Recovery Center (Hot Springs, AR)

A faith-based residential and transitional program in Hot Springs serving both men and women over 36 weeks to 9 months, with a \$300 assessment fee and ACC approval.

Contact Information

Address: 2375 E Grand Ave, Hot Springs, AR 71901

Website: shalomreclaimed.com

Phone Number: 501-625-3811

We Are Free (Texarkana, AR)

A rural, faith-based residential recovery program near Hope/Texarkana on a 45-acre campus, notable for equine therapy and a no-cell-phone policy for the first three months. Provides aftercare and 24/7 on-site staff.

Contact Information

Website: www.wearefree.us/contact-us

Phone Number: 870-686-2233

Turning Point (Stuttgart, AR)

A faith-adjacent outreach and residential recovery ministry based in Stuttgart.

Contact Information

Address: P.O. Box 754, Stuttgart, AR 72160

Phone Number: 870-672-9086

Website: www.tpointministries.org/who-we-are

Email: admin@tpointministries.org

SOBER LIVING AND TRANSITIONAL HOUSING

Freshly Renewed (Little Rock, AR)

A large, ACC-approved network of 11 houses in Little Rock offering transitional sober living, outpatient treatment, and 12-step programming with weekly rent and an intake fee. Provides case management, job/insurance application help, and peer specialist training.

Contact Information

Address: 8404 Baseline Rd., Little Rock, AR 72209

Website: www.freshlyrenewedtransitional.org

Email: info@freshlyrenewedtransitional.org

Phone Number: 501-663-0708

Next Step Women (Clarksville, AR)

A chemical-free transitional housing program in Clarksville offering weekly drug testing, peer support, and case management for employment, education, benefits, and court advocacy.

Contact Information

Address: 2126 W Main St., Clarksville, AR 72830

Website: www.nextsteprecoveryhousing.org

Email: Nextstepwomen@gmail.com

Phone Number: 501-771-1881

Sunlight Sober Living Home (Little Rock, AR)

A sober living home in Little Rock with separate men's and women's houses, weekly drug testing, and required 12-step participation (sponsorship, working the steps, 5 meetings/week). Prior completion of residential treatment is preferred but not required

Contact Information

Website: www.sunlightsoberlivingar.com

Phone Number: 501-214-5848

Natural State Recovery Center (Little Rock, AR)

An insurance-accepting outpatient housing program in Little Rock with tiered weekly rent based on services received, separate men's and women's houses, and peer support specialists on-site. Residents are able to work while in the program, with residential/detox services planned to launch

Contact Information

Address: 10025 Oakland Dr., Little Rock, AR 72118

Website: Naturalstaterecovery.com

Phone Number: 501- 300-2424

MAT AND OUTPATIENT TREATMENT

Arkansas Treatment Services, LLC (Texarkana, AR)

A residential recovery program in Texarkana centered on medication-assisted treatment (MAT), paired with individual, group, and family counseling. Also offers psycho-educational sessions and case management.

Contact Information

Address: 408 Hazel Street, Texarkana, AR 71854

Website: www.methadone4me.com

Email: info@methadone4me.com

Phone Number: 870-774-0421

Springdale Treatment Center (Springdale, AR)

A medication-assisted treatment (MAT) outpatient center in Springdale offering regular counseling, random drug screens, and individualized treatment planning.

Contact Information

Address: 7255 Meeshow Drive Suite A, Springdale, AR 72762

Website: www.methadonetreatmentcenter.com/our-locations/arkansas/springdale-treatment-center

Email: springdale@methadonetreatmentcenter.com

Phone Number: 479-306-4480

Recovery Health Systems (Russellville, AR)

A private treatment center dedicated to helping adults overcome substance use and co-occurring mental health disorders. Provides a full spectrum of services including outpatient care, partial hospitalization programs, and intensive outpatient treatment. Specialized medical detox and medication-assisted treatment are offered for a range of substances.

Contact Information

Address: 700 E Parkway Dr., Russellville, AR 72801

Email: intake@recoveryhealthsystems.com

Phone Number: 866-921-0149

FULL CONTINUUM, DETOX, AND RESIDENTIAL TREATMENT CENTERS

Dr. Paul's (Eureka Springs, AR)

A comprehensive behavioral health provider in Eureka Springs treating substance abuse, mental illness, PTSD, and military trauma across the full continuum: medical detox, residential, sober living, and outpatient. VA/Tricare-contracted, with a distinctive staff-supervised internship-to-employment pathway.

Contact Information

Address: 154 Huntsville Road, Eureka Springs, AR, United States, 72632

Website: <http://behavioralhealthprograms.com/>

Phone Number: 949-313-5267

Lakepoint Recovery and Wellness (Russellville, AR)

A full continuum-of-care recovery center in Russellville offering observational detox, residential and outpatient treatment, transitional living, and vocational rehab programming. Includes case management and an SWS program.

Contact Information

Address: 65 Arvac Lane, Russellville, AR 72802

Website: arvacinc.org

Email: lprwadmissions@lakepointrecovery.org

Phone Number: 479-219-5292 extension 2102

Retreat at Skyridge (Eureka Springs, AR)

A medical detox and residential treatment center in Eureka Springs set on a 150-acre campus with individualized, evidence-based treatment and weekly SMART recovery meetings. Mostly self-pay; does not accept Medicaid, Medicare, or several major insurers.

Contact Information

Address: 637 Co Rd 111, Eureka Springs, AR 72631

Website: www.retreatatskyridge.com

Phone Number: 877-693-6010

Quality Living Center (Little Rock, AR)

A limited-service residential detox and treatment center in Little Rock (30-45 days) that accepts B&B and Ambetter insurance, with an ACC-approved path directly into transitional living.

Contact Information

Address: 3925 Asher Avenue Little Rock, Arkansas 72204

Website: www.qualitylivingcentertreatment.com

Phone Number: 501-663-3490

True Self Recovery (Rogers, AR)

A co-ed residential treatment and detox provider with locations in Bentonville and Rogers, accommodating clients with or without medication-assisted treatment (MAT).

Contact Information

Address: 1104 N 2nd St, Rogers, AR 72756

Website: trueselfrecovery.com

Email: info@trueselfrecovery.com

Phone Number: (888) 910-9308

Hoover Treatment Center (Little Rock, AR)

A licensed, nationally accredited residential treatment center in Little Rock using CBT and 12-step approaches to address trauma and substance abuse. Offers mental health therapy, wellness programming, IOP, and aftercare with structured fees.

Contact Information

Address: 3604 West 12th Street, Little Rock, AR 72204

Website: www.bcdinc.org

Email: rrichardsson@bcdinc.org

Phone Number: 501-663-4774

Northeast Arkansas Regional Recovery Center (Jonesboro, AR)

An evidence-based inpatient and outpatient treatment center in Jonesboro serving adult men and women, with adolescent outpatient services and a 6-month men's transitional living track. Accepts most insurance.

Contact Information

Address: 6009 CW Post Rd., Jonesboro, AR 72401

Website: <https://crdcnea.org/services/nearrcg>

Phone Number: 870-923-0228

Recovery Centers of Arkansas

Offering quality treatment to ALL individuals with addictions and co-occurring disorders. RCA has state funding for clients, without insurance, that reside in the following counties: Pulaski, Saline, Lonoke or Prairie. Men's and women's sober living available upon successful completion of residential treatment.

Contact Information

Website: www.rcofa.org

Phone Number: 501-614-4927

CO-OCCURRING DISORDERS AND MENTAL HEALTH

Oasis Renewal Center (Little Rock, AR)

A co-occurring disorder treatment center in Little Rock for adults 18+, combining 12-step concepts with evidence-based MI and CBT across residential, PHP, and IOP levels of care. Set on a wooded campus with a lake and trails; accepts most insurance.

Contact Information

Address: 14913 Cooper Orbit Road, Little Rock, AR 72223

Website: oasisrenewalcenter.com

Phone Number: 501-376-2747

Vantage Point (Fayetteville, AR)

A Fayetteville treatment center offering both mental health and addiction treatment across inpatient (child/adolescent and adult/senior), detox, and outpatient/IOP levels of care, accepting most insurance.

Contact Information

Address: 4253 N Crossover Rd, Fayetteville, AR 72703

Website: www.vantagepointnwa.com

Phone Number: 866-683-1902

Ozark Guidance (Springdale, AR)

A that provides adult outpatient, child outpatient, substance abuse and recovery services, foster care services, and therapeutic day treatment. Most types of insurance are accepted.

Contact Information

Address: 2400 S 48th Street, Springdale, AR 72762

Website: www.ozarkguidance.org/about-us/our-locations/

Phone Number: 479-750-2020

Springwoods Behavioral Center (Fayetteville, AR)

Offers specialized treatment for adolescents and adults through a full continuum of care, including outpatient services. Operated by a team of mental health professionals.

Contact Information

Address: 1955 W Truckers Dr., Fayetteville, AR 72704

Website: www.springwoodsbehavioral.com

Phone Number: 479-973-6000

EATING DISORDER TREATMENT

Living Hope for Disordered Eating

A specialized eating disorder treatment center with Arkansas (Bentonville) and Oklahoma locations, offering residential, partial hospitalization, IOP, and outpatient care. Treats anorexia, bulimia, binge eating disorder, ARFID, and other disordered eating presentations.

Contact Information

Address: 111 SE 22nd St. Ste 11, Bentonville, AR 72712

Website: livinghopeok.com

Phone Number: 479-268-3280

SENIORS AND MENTAL ILLNESS

S&B Professional Management

A residential care network across several Arkansas towns (Clarksville, Greenwood, Mulberry, Paris, Barling) for seniors and people with mental illness, providing medication management and 24/7 trained staff. More of a licensed long-term care facility than a substance-recovery program.

Contact Information

Website www.sbprofessionalmanagement.com

Phone Numbers:

- Clarksville: 479-754-7538
- Greenwood: 479-996-7878
- Mulberry: 479-997-8001
- Paris: 479-963-2255
- Barling Phase 1: 479-452-4949
- Barling Phase 2: 479-484-7804

YOUTH SERVICES

ROAR - Residential Option for Adolescents (Lewisville, AR)

Provides specialized mental health services for youth in need of structured support. Located in the community it serves, ROAR implements evidence-based, trauma-responsive, and innovative services designed specifically for adolescents and their families.

Contact Information

Address: 750 County Road 16, Lewisville, AR 71845

Website: sobercenteresofamerica.com

Phone Number: 888-720-8239