

## **Recovery Resources for Men in Arkansas Updated 5/9/2022**

### **A Clean Start**

Phone: Scott Graves 501-712-6611

Location: North Little Rock

- Set up as a vendor with Drug Court to be able to serve their clients where DC will pay 30 days for their sober living
- 190/MAT ( no deposit), 150/w non-MAT (150 deposit), need at least half to move in then they work with them to catch up
- Serves men (17) and women (12)
- Partnership with Citi-connections/ employment services
- Accepts MAT and Psych med management/ level checks
- In process of establishing as BHS
- Holistic approach
- Still evolving...

### **Adult and Teen Challenge of Arkansas**

Phone: 501-624-2446

Email: [info@atcar.org](mailto:info@atcar.org)

Location: 155 Walnut Valley Road, Hot Springs, AR 71909

Website: [www.atcar.org](http://www.atcar.org)

- Faith Based
- Serves males ages 18 and older
- Non-medical and non-clinical
- Completely voluntary program
- Minimum 15 months
  - 5+ months in Hot Springs, AR
  - 10 months in the second phase of the program in Cape Girardeau, MO

### **Arkansas Treatment Services, PA**

Phone: 870-774-0421

Email: [info@methadone4me.com](mailto:info@methadone4me.com)

Location: 408 Hazel Street, Texarkana, AR 71854

Website: [www.methadone4me.com](http://www.methadone4me.com)

- MAT Program
- Individual and Group Counseling
- Psycho-educational sessions
- Family sessions
- Case Management

### **ARM 180 (Arkansas Recovery Ministries)**

Phone: 870-946-0836

Email: [arrecoveryministries180@gmail.com](mailto:arrecoveryministries180@gmail.com)

Location: 2046 US 165, DeWitt, AR 72042

Website: <https://arm180dewitt.com/>

- Faith Based
- Long term residential
- Free of Charge
- Addiction treatment in the way of Jesus Christ

**Bradford Health Services+CHI St. Vincent**

Phone: 888-726-3740

(501) 725-8000

Location: 11215 Hermitage Rd #204, Little Rock, AR 72211

Website: <https://bradfordhealth.com/locations/little-rock-ar-regional-office/>

- Inpatient Residential Rehab Program
- OP and IOP
- Detox
- Continuing Care Programs

**Breaking Bonds Ministries**

Phone: 870-919-0751

Locations: Dewitt

Website: Under Construction

**CATAR Clinic**

Phone: 501-664-7833

Location: 4260 Stockton Drive Suite B, North Little Rock, AR 72117

Website:

- MAT Clinic
- Individual and Group Counseling

**Compassion Center**

Phone: (501) 296-9114

Location: 3618 W Roosevelt Rd, Little Rock, AR 72204

Website: [rcompassioncenter.org](http://rcompassioncenter.org)

- Homeless shelter
- Church services
- Community meals
- Emergency shelter referrals

**Desired Haven Homes Care House**

Phone: Savannah in Springdale (479) 361-3302

Debbie in Jonesboro (870)935-5134 [dwalker@arkansasfamilies.org](mailto:dwalker@arkansasfamilies.org)

Little Rock: 501-410-1567

Location: Springdale, Little Rock, and Jonesboro

Website: <https://arkansasfamilies.org/family-stability>

- Multiple houses under the umbrella of Desired Haven Family Care
- Single parent families
- Provide Stability Housing
- Case-manager helps develop a progressive plan of care to work toward independent living
- Group setting with 6 suites/ own refrigerators, pantry area, bedrooms and bath
- Program deposit \$200 that can be paid out over a period of time which will be paid back after completion of program
- Requires residents to save 20% of income
- Required to work or go to school but grace period is given initially
- Parenting and personal skills classes for first month
- Faith-based
- Counseling (6 sessions for free)
- No boys over the age of 12
- Size limit of family is depending on available space
- Each suite can easily accommodate a family of 4 or 5

**Complete in Christ**

Phone: 501-380-6673

Location: 3390 W Hwy 36, Searcy, AR 72143

Website: <https://completeinchrist.business.site/>

- Faith Based
- 6-month residential program
- 600+ Hours of Bible Study and Worship
- 300 hours of Community Service

**Dr. Paul's**

Phone: Admission- 800-375-5725

Shawn B (Board of directors) 949 313 5265

Location: Eureka Springs, AR

Website: <http://behavioralhealthprograms.com/>

- Treats substance abuse, Mental Illness, PTSD, and Military Trauma
- Detox, Residential, Sober Living, and Outpatient
- Medical Detox- Evaluation, Stabilization, prep for treatment
- Residential- MAT, Withdrawal Management, Individual and Group Therapy
- If IOP needs housing, they charge rent 500-600
- A graduate from residential can transition to sober living, utilizing IOP and participate in a work study with intentions to come on as staff
  - \* One of the core concepts is where internships lead to a self-ran community under the supervision of staff
- Intensive Outpatient or OP- therapy, psychiatrist, support groups/ 9+ hours weekly, split into 3-5 days
- Accept most insurances-excluding traditional Medicaid or Medicare
- Contracted with the VA- Tricare Insurance and VA Benefits
- Couples- separated for the first 30 days and are separated but then can move back in together for IOP

**Freedom House**

Phone: (479) 968-7086

Location: 400 Lake Font Dr., Russellville, AR 72802

Website: [arvacinc.org](http://arvacinc.org)

- Observational Detoxification
- Residential Treatment
- Outpatient Treatment
- Transitional Living
- Vocational Rehab Programming
- Case Management

**Freshly Renewed**

Phone: 501-663-0708

Email: [renew@freshlyrenewedtransitional.org](mailto:renew@freshlyrenewedtransitional.org)

Location: 8404 Baseline Rd., Little Rock, AR 72209

Website: <https://freshlyrenewedtransitional.org/home>

11 houses

ACC approved

- Self-pay for individuals who are not on parole
- State pays for ACC residents
- Must be able to pass a drug test
- Outpatient treatment center
- Chem-free housing
- \$135 intake fee
- \$125/ weekly
- Men and Women

- 12-step
- Assistance in applying for jobs and insurance
- Does not provide transportation (bus pass for 30 days)
- Must seek employment immediately
- Helps with food for ACC house
- LCSW works as case-manager
- ACC Transitional, Sober Living Facilities, and an Outpatient Treatment Center
- Structured with rules, recovery work, curfews, case-management, drug and alcohol testing, personal treatment planning, mentorship, and unconditional love
- Connections to the recovery communities- supports multiple pathways
- Peer Specialists and Counselors in Training

### **Friends Recovery**

Phone: 501-654-3010

Location: 10044 Hwy 65 S, Bee Branch, AR 72013

- Faith Based

### **Gateway**

Phone: (479) 783-8849

Location: 3900 Amour Ave., Fort Smith, AR 72904

Website: <https://www.recoveryhhi.org/men/>

- Residential Treatment Program
- Blend of 12 Step recovery model with Evidence Based Cognitive Behavioral Theory
- Transitional Living

### **Gyst House**

Phone: 501-568-1682

Location: 8101 Frenchmans lane, Little Rock, AR 72209

Website: <http://www.gysthouseinc.com/index.html>

- Serves Men and Women
- Focus on Socioeconomic factors rather than pharmacological foundations
- Offers 12 Step Groups
- Job/ Employment Services
- Court Advocacy
- An array of classes and groups

### **Hoover Treatment Center**

Phone: 501-663-4774

Email: rrichardsson@bcdinc.org

Location: 3604 West 12<sup>th</sup> Street, Little Rock, AR 72204

Website: <http://bcdinc.org/>

- Faith Based
- Licensed and nationally accredited treatment center
- Evidence based, clinically sound approaches
- Facilitates healing from trauma and or substance abuse
- CBT and 12 Step
- Residential
  - Substance Abuse and Mental Health Counseling
  - Health, Wellness, and Fitness
  - Mental Health Therapy and Counseling
- Transitional Living
- IOP
- Aftercare

**Humble Hart**

Phone: 714-770-4325

562-394-4325

Email: [amberhintz94@yahoo.com](mailto:amberhintz94@yahoo.com)

Location: Springdale, AR

- Sober Living for men
- Active on Facebook
- 10 beds
- \$125- \$150
- Must have 45 days sober

**John 3:16 Ministries**

Phone: 870-799-2525

Email: [contact@john316thecure.com](mailto:contact@john316thecure.com)

Location: 75 Holmes Road, Charlotte, AR 72522

Website: [www.john316thecure.com](http://www.john316thecure.com)

- Long term residential 6 months-1 year
- Faith Based
- Free of Charge
- Must be at least 21 years of age
- Addiction treatment in the way of Jesus Christ

**Jumpstart Ministries**

Phone: 870-637-5916

Email: [jumpstartministriesrehab@yahoo.com](mailto:jumpstartministriesrehab@yahoo.com)

Location: 209 NW Front St, Walnut Ridge, AR

Website: <https://www.jumpstartministries4men.com/>

- Faith Based
- 13 Month Recovery Program
- Phase One
  - Life Skills Classes
  - Bible Studies
  - Anger Management
  - Church Services and Celebrate Recovery
- Phase Two
  - Residents obtain jobs and learn how to balance
  - Money Management
  - Focus on future
- Phase Three
  - Can get a vehicle
  - Focus on next steps and transitioning to independence
- Structured Daily Schedule
- Assists Residents in obtaining Driver's License, Obtaining Social Security Card, GED, and assists in setting up repayment plans

**Living Hope for Disordered Eating**

Phone: 1 833 206 6921

Location: Arkansas- 111 SE 22<sup>nd</sup> St. Ste 11, Bentonville, AR 72712- 479-268-3280

Oklahoma- 3900 E Robinson Norman, OK 73026- 405-801-2323

Website: <https://livinghopeok.com/>

- Residential Treatment Center, Partial Hospitalization Program, Intensive Outpatient Program, Outpatient Services
- Treats Anorexia Nervosa, Bulimia Nervosa, OSFED, Binge Eating Disorder, Disordered Eating, Rumination, ARFID, PICA, Eating Disorder Screening

**Made Ministry**

Phone: 501 813 5457 Contrell Henderson

Email: contellh@spoton.com

Location: Benton AR 72015

Website:

- Not residential
- Faith-Based
- Serves men and women, current or formerly incarceration
- Re-Entry Services
- Pre-release plans for re-entry and relapse prevention
- Referrals to Services
- Notary, Expunging Records
- Advocating in Court, Providing Character Witness

**Micah Hope Ministry**

Phone: 870-350-2086

Location: Fayetteville

- Primarily takes referral from John 3:16 and Breaking Bonds, who will intend on staying in this area
- Will partner with other long-term faith-based programs
- 430/monthly rent, no deposit
- Must have completed faith-based treatment
- Can serve men on parole and probation
- Curfew 10pm
- Morning bible studies, community events, and services through Genesis
- Start working within the first week
- Attend Celebrate Recovery

**M18 Recovery**

Phone: 501-301-4973

Email: ashley@m18recovery.com

Location: Little Rock, AR

Website:

<http://www.m18recovery.com/?fbclid=IwAR2VhriI1AuSJSR5vyZarO2k9HPiIeMdqstpuDletQZKO3fUCYXQPmGk3ZM>

- Faith Based
- 4-month -1-year discipleship program for men struggling with addiction
- No Cost
- Ages 21 and up

**Modern Recovery**

Phone: 479 935 7015

Email: [info@modernrecoverynwa.com](mailto:info@modernrecoverynwa.com)

Location: 864 E. Rebecca st Fayetteville, AR 72701

Website: modernrecoverynwa.com

- Serves men 18+
- Sober living for people in recovery from Drug and Alcohol Addiction
- Deposit \$300/ \$125 weekly rent
- MAT- adhere to treatment plan laid out by doctor
- Accepts Medical Cannabis as prescribed by a doctor

- Random drug screens/ pill counts
- Required to do at least 2 recovery meetings/ week
- Maintain employment
- Complete Household Chores Daily
- Weekly mandatory household meeting
- House Manager onsite

### **Natural State Recovery Centers**

Phone: 561-309-4758

Location: Outpatient: 3600 Cantrell Rd., Suite 303 Little Rock, AR 72202

Detox and Inpatient: 10025 Oakland Dr., North Little Rock, AR 72118

Website: [Naturalstaterecovery.com](http://Naturalstaterecovery.com)

- Accepts all major insurances
- Out-patient housing
- Offers various levels of services
- Rent varies according to services received
- 250-350/ weekly
- Men's and women's houses
- Peer Support Specialist in each house
- Up to 90 days
- Are able to work
- ACC Approved
- Will begin Residential In-patient services and Detox Services in March

### **Nehemiah House**

Phone: 501-374-4022 ext4

Email: [info@urmissionlr.org](mailto:info@urmissionlr.org)

Location: 2921 Springer Blvd, Little Rock, AR

Website: <https://urmissionlr.org/nehemiah-house/>

- Faith Based
- 9-12-month program
- Christian 12-steps, Anger Management, Relapse Prevention, and Workforce Preparedness
- Works with local Mental Healthcare Providers
- Chores, Physical Fitness, Church, and Service Programs
- Facilitates Parole/probation visits, Court dates, dental or eye appointments (provides co-pays)
- Optional Work Program after completion

### **Northeast Arkansas Regional Recovery Center NEARRC**

Phone: 870-923-0228

Location: 6009 CW Post Rd., Jonesboro, AR 72401

Website: <https://crdcnea.org/services-programs/prevention-resource-center>

- Evidence Based Practices
- Inpatient and Outpatient services
- Inpatient for adult men and women
- Outpatient services for adolescent males and females
- Men's Transitional Living (6mo)
- Accept most insurances

### **Oasis Renewal Center**

Phone: 501-376-2747

Location: 14913 Cooper Orbit Road, Little Rock, AR 72223

Website: <https://oasisrenewalcenter.com/>

- Co-occurring disorder program
- Men and women ages 18 and older

- Emphasizes the 12-Step Concepts as well as Evidence based techniques such as MI and CBT
  - Residential Care RTC
  - Partial Hospitalization PHP
  - Intensive Outpatient IOP
  - Continuing Care
  - Licensed Behavioral Health Professionals
  - Group and Individual Counseling
  - Will assist in arranging Detox
  - Accepts most insurances
- Campus located in a very natural wooded area with a lake and trails!

**Phoenix Recovery Center for Men**

Phone: Conway 501-499-6696

Springdale 479-751-3946

Email: [info@phoenixarkansas.com](mailto:info@phoenixarkansas.com)

Location: 1224 Jersey Street, Conway, AR 72032

703 N Thompson, Springdale, AR 72764

Website: <http://www.phoenixarkansas.com/>

Conway

- Only takes men paroling out of prison
- ACC approved
- Option to transition out of residential into chemical-free housing
- 18 Individual apartments
- \$150/ week rent
- Twelve Step Recovery Program

Springdale

**Project New Start**

Phone: 870-523-8413

Email: [pns homes@yahoo.com](mailto:pns homes@yahoo.com)

Location: 1515 Dewey Ave, Newport, AR 72112

Website: <http://www.projectnewstart.org/>

- Faith based
- Rehabilitative Homes
- Food Bank
- Jail and Nursing Home Ministries

**Quality Living Center**

Phone: 501-663-3490

Location: 2900 S.Ceder St. Little Rock, AR 72204

Website: <HTTPS://QUALITYLIVINGCENTERTREATMENT.NET/>

- 30-45-day residential D&A treatment Center (limited service) B&B and Ambetter
- transitional living rent \$900 for expenses and meals
- ACC approved go straight to transitional living

**Recovery Centers of Arkansas**

Phone: 501-372-4611

Email: [info@rcofa.org](mailto:info@rcofa.org)

Location: Little Rock

Website: <https://www.rcofa.org/locations-2/>

- Residential Rehabilitation
- Long-term Housing



- Men, Women, and Independent Living Options
- Veterans Services
- Outpatient Services and Counseling

### **Recovery Health Systems**

Phone: 866-921-0149

Location: 700 East Parkway Dr, Russellville, AR 72801

Website: <https://recoveryhealthsystems.com/>

- Outpatient Services
- State Licensed so they can provide Out-Patient services, in lieu of a sanctioned residential program during Covid
- Partial hospitalization 5 days a week 8am-12pm, including scheduled programming
- Intensive Outpatient services offered 3 days a week
- Outpatient program determined by clinician and patient
- Accepts most insurances excluding Medicare
- BlueCross Blueshield, Ambetter, and Medicaid covers individual therapy and Group Therapy but would have to be referred to Optum for an assessment which could pay for Intensive Outpatient Services and Partial Hospitalization Program
- Faith based option with a secular track available

### **Renewal Ranch**

Phone: 501-269-4306

Location: Conway, AR

Website: <https://www.therenewalranch.org/>

- Faith Based
- Residential comprised of 3 phases
- Maintain a job on site and service work
- Recreational Activities
- Large library of Christian Literature
- Develops a Relapse Prevention Plan
- Transitional Living- employment, drug screens, curfew, and church obligations
- Men ages 21 and up

### **Retreat at Skyridge**

Phone: 877-693-6010

Location: 637 Co Rd 111, Eureka Springs, AR 72631

Website: <https://www.retreatatskyridge.com/>

- Medical Detox and Residential Program
- 12-16 beds for men and women
- Cabins that house 1-2 residents
- Individualized treatment plans
- Evidence-based Treatment
  - Multiple S.M.A.R.T. recovery meeting each week
  - Recreational Therapist takes residents for weekly activities
  - Licensed Behavioral Healthcare Providers and Addiction Specialists on staff
  - Mostly Self-pay but can work with some insurances
  - Will not accept Medicaid, Medicare, Bluecross and Blueshield, Ambetter, or Qualchoice
  - Located 10 mi W of Eureka Springs, AR on 150 acres

### **River Valley Medical Wellness**

Phone: 833-479-4325

Location: 400 Lake Front Drive Russellville, AR 72802

Also locations in Hot Springs and Fort Smith

Website: [www.RVMWellness.com](http://www.RVMWellness.com)

- Evidence-Based Treatment
- Individualized Treatment Plan
- MAT Services
- Med Management for the treatment of mental health disorders
- Counseling and Peer Recovery Support Services

**The Rock of Hope**

Phone: 501-454-3668

Email:

Location: Little Rock, AR

Website:

**S&B Professional Management**

Phone: Linda Short 479-650-7397

Assessment for Pass Tier System with Optum: 844-809-9538

Locations:

Clarksville 479-754-7538

Greenwood 479-996- 7878

Mulberry 479-997-8001

Paris 479-963-2255

Barling locations

- Phase 1 479-452-4949
- Phase 2 479484-7804

Website: <http://www.sbprofessionalmanagement.com/>

- Residential care facility for seniors and persons with mental illness
- Assistance with Med-Management
- Scheduled Transportation provided
- CNA and Trained Professional Staff on duty 24/7
- Licensed through the Department of Human Services/ Office of long term care

**Safe Harbor**

Phone: 501-374-5399

Location: 4800 Springer Boulevard

Website: <http://www.safeharborlittlerock.org/>

- Faith Based Residential Program
- Group and Pastoral Counseling, Life Building Classes, help with finding permanent employment
- Peer Support

**Safe Haven Homes**

Phone: Amy Jo 870-648-6732

Dan Williams 479-208-2138 or Linda 479-461-2513

Email: [dan@midlandh.com](mailto:dan@midlandh.com)

Location: 3500 N. Sixth St., Fort Smith, AR

Website: <http://www.midlandheights.church/safehavenhomesinfo.html>

- Online application
- Completed treatment or jail program
- Transportation available to attend meetings
- Faith based
- \$350/ monthly program fees
- \$150 deposit toward first month's rent
- Employment assistance
- City transit

**Serenity Park Recovery Center**

Phone: 501-313-0066

Email: [admissions@serenityparkrc.com](mailto:admissions@serenityparkrc.com)

Location: 2711 W Roosevelt Road

Website: <https://www.serenityparkrecovery.com/>

- Accepts most insurances
- Medically Assisted Detox
- Residential
  - Stay in a semi-private room
  - 2-3 months
- Evidence-based approach

**Shalom Recovery Center**

Phone: 501-625-3811

Location: P.O. Box 23168, Hot Springs, AR

Website: [shalomreclaimed.com](http://shalomreclaimed.com)

- Faith Based
- Serves Men and Women
- 36 weeks to 9-month residential program
- Transitional Program
- Assessment Fee \$300
- ACC approved

**Souls Harbor**

Phone: 479-631-7878

Email: [info@soulsharbornwa.org](mailto:info@soulsharbornwa.org)

Location: 1206 N 2<sup>nd</sup> St, Rogers, AR 72756

Website: <https://www.soulsharbornwa.org/>

- Long-term Transitional Support 4 months-1 year
- Supports Men who struggle with Substance Abuse, Addiction, Homelessness, or Mental Illness
- Safe housing, food, clothing, educational opportunities, and case management
- Shared Housing \$50 per week- half of which is returned upon graduation
- Sweat Equity- assisting with grounds maintenance, basic upkeep, gardening, and various tasks around the facilities

**Sozo Recovery**

Phone: 501-654-3010

Email: [sozorecoveryctr@gmail.com](mailto:sozorecoveryctr@gmail.com)

[heal@sozorecoverycenter.com](mailto:heal@sozorecoverycenter.com)

Location: 243 Nathan Ter, Jessieville, AR 71949

Website: <https://sozorecoverycenters.com/>

- Faith Based
- 12 Week Residential Treatment- 36 hours per week of addiction studies, faith-based activities and a class at church
- 3-4-week Intensive Outpatient
- Outpatient- 4 hours weekly of group sessions and one-on-one counseling

**Spencer Recovery**

Phone: Nate Casey 949-313-5248.

Location: Eureka Springs, AR

- Detox
- In-patient residential
- Intensive Outpatient services available
- Up to 90-days in-patient
- Accept most insurances

**Springdale Family Care Home**

Phone: 479-521-1296

Location: Springdale, AR

Website: [arkansasfamilies.org](http://arkansasfamilies.org)

- 7 family units
- 2 years

**Springdale Treatment Center**

Phone: 479-306-4480

Email: [springdale@methadonetreatmentcenter.com](mailto:springdale@methadonetreatmentcenter.com)

Location: 7255 Meeshow Drive Suite A, Springdale, AR 72762

Website: <http://www.methadonetreatmentcenter.com/our-locations/arkansas/springdale-treatment-center>

- MAT Program
- Outpatient services
- Regular Counseling sessions
- Random drug screens
- Individualized Treatment Plan

**Sunlight Sober Living Home**

Phone: Kaki McClellond 501-551-0224

Location: Little Rock, AR

Website: <https://sunlightsoberlivingar.com/about>

- preferred completion of a residential treatment program but not a requirement
- separate men's and women's homes
- 600 for a double room (with a roommate)
- 800 for a single room
- 300 refundable deposit
- weekly drug tests
- 12 step requirements (sponsorship, working the steps and 5 meetings a week)
- chores
- 2 mandatory house meetings a week

**Teen Challenge Adventure Ranch**

Phone: 888-289-6818

Location: P.O. Box 20 Morrow, AR 72749

Website: [www.teenchallengeranch.com](http://www.teenchallengeranch.com)

- "Help for teenage boys struggling with addiction or risky behavior"
- Faith Based
- Residential Treatment
- IOP
- Therapeutic Boarding School
- Aftercare program

**The Other Side**

Phone: 501-250-5297

501-362-2535

Location: P.O. Box 1142 Heber Springs, AR 72543

Website: <https://www.tosministry.org/>

- Faith Based
- 6-month in house residence program
- 600+ Hours of Bible Study and Worship
- 300 hours of Community Service

**True Self Recovery**

Phone: 479-335-5999

Location: Bentonville and Rogers

Website: <https://trueselfrecovery.com/>

- Co-Ed homes.
- Residential Treatment
- Detox
- Accommodates individuals with MAT and without

**UAMS- Center for Addiction Services and Treatment (CAST)**

Phone: 501-526-8400

Location: 4224 Shuffield Drive, Psychiatric Research Institute, Little Rock, AR 72205

Website: <https://psychiatry.uams.edu/clinical-care/cast/>

- MAT Services
- Group Therapy
- Cannot have a history of severe mental illness or recent suicide attempts
- Should not require medications that cannot be effectively monitored on an OP basis
- Ages 18 yrs or older

**Vantage Point**

Phone: 866-683-1902

Location: 4253 N Crossover Rd, Fayetteville, AR 72703

Website: <https://www.vantagepointnwa.com/>

- Accepts most insurances
- Provides both Mental Health and Addiction treatment
- Child and Adolescent Inpatient
- Adult and Senior Inpatient
- Drug and Alcohol Detox and Treatment
- Individual, group and family therapy, IOP

**Youthhome.org**

- Serves minors

**R.O.A.R.**- Treatment for 13-17 youth

- <https://humanservices.arkansas.gov/divisions-shared-services/youth-services/r-o-a-r/>